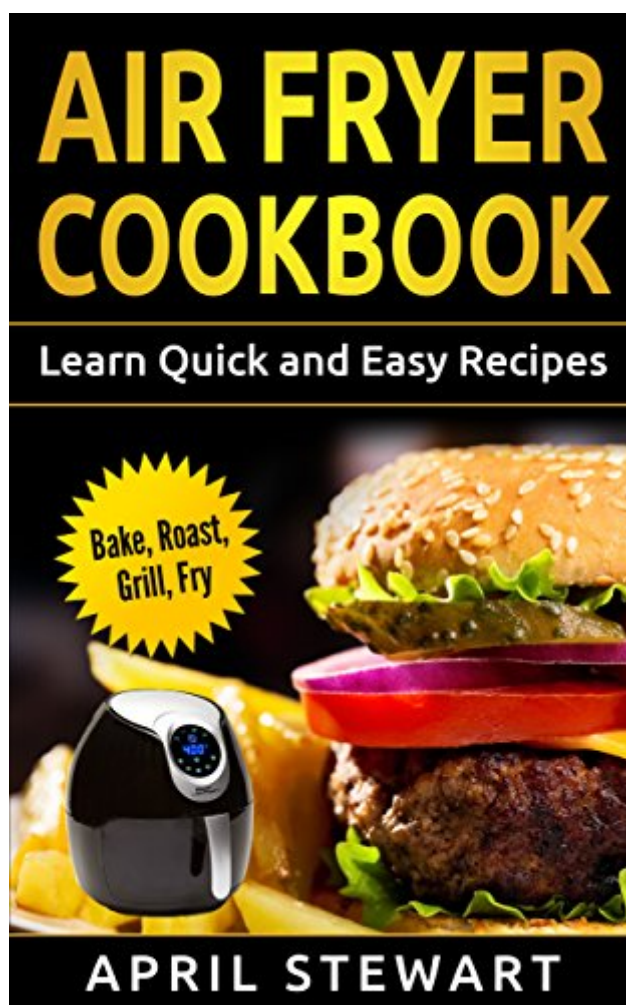


The book was found

Air Fryer Cookbook: Learn Quick And Easy Recipes: Bake, Roast, Grill, Fryer



Synopsis

Do you want to spend less time cooking? Do you want to save money on your meals? And eat healthy, clean food? The air fryer is the new rage! It is a versatile kitchen appliance that can be used to fry, bake and roast foods while using minimal or no oil. People have become too busy to prepare healthy meals for themselves or their families. For such people, this kitchen appliance is a boon as you will be able to cook healthy meals with minimal effort. An air fryer uses Rapid Air Technology and Maillard Reaction to prepare food without any oil or grease. When it comes to using an air fryer, you will be able to make delicious and different kinds of food on account of its versatility. You will be able to save time and be able to complete your chores without having to stand over the stove to ensure that the food is being cooked properly or doesn't burn. The air fryer helps to keep the food succulent and soft from the inside while giving it a crispy coating on the outside, which makes it look like the food has been fried. All this is done with minimal or no oil. This appliance is fool proof and can be used by anybody from someone who knows how to cook to someone who has never cooked before. This book has been written after extensive research on air fryers. The chapters have been divided in a way that is easy to read. In the course of this book, you will learn: What an air fryer is and the different technologies used to make the air fryer so efficient and wonderful Advice on how to purchasing an air fryer How you can cook with using minimal or no oil The benefits of the appliance 101 interesting air fryer recipes Save Time Save Money Eat Healthy This book will help you every step of the way. Grab your copy now!

Book Information

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Customer Reviews

Fried meals are very tasty if they are cooked perfectly. If you use a lot of oil and fry foods using all kinds of different utensils, that makes this work very complicated. Frying should be perfect but easy to do. In that sense, air fryer is the best help you can get. Air fryer uses the technology that uses a lot less oil and more air but fries your food completely. This book will introduce you to the best fried meal cooking appliance, air fryer. You will be able to use this thing very efficiently after reading this book. Also you will be able to cook a lot new recipes, if you follow this cookbook. Buy a copy now!

Frying foods are not so easy if you can not do it properly and use a lot of utensils at your kitchen. Air fryer can solve your problems in a very short time. All you have to do is use a very little oil and the air fryer will fry your food perfectly from the inside and outside using air. This book has all kinds of air fryer details and recipes described in it which will help you to master air fryer cooking. This book also gives these recipe manuals to the readers very easily so no one will find any difficulties ever. It's a very good book to read.

This book is not that much useful because there are a lot of information but not that easy to understand. Air fryer is a very useful appliance but if you can not follow a good guideline then this book can help you. If you haven't ever cooked on an air fryer before then you should not buy this book. Because it's not for the beginner at all. The explanation of everything is a little bit complex and you will not understand it easily if you are a beginner. I expected much more easier guideline from this book but I hate to say it, that this book is not so good.

A nice set of recipes. Some really common everyday food is cooked to make something different. Of course the book as a whole needs some clean up, like the recipes need their servings no. and the information would be much better written point-wise.

This is more than just a recipe book because there were actually facts about the air fryer (even its history) and the manual included.

An admirable collection of recipes. There are some really normal everyday ones and some new ones too. So you get the best of both.

In this book I found great guide to make highly delicious and vast types of recipes, saving substantial money and time, while producing healthy meal for family at any time of the day. The Rapid Air Technology employed by air fryer also makes it possibly to prepare these meals without oil. This book is great even for someone who is not yet experienced in cooking recipes. Book recommended.

This book has so many recipes! 100 recipes ranging from spring rolls to pizza. Also, the first few chapters discuss what air fryer you should buy, price, and benefits of purchasing one. Recommend to everyone who owns an air fryer and wants to cook with one. I was asked to leave an honest review on this book.

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